

S.U.S. Govt. College Sunam

Session 2019-20

Best practice-I

Village adoption program:

Goals:

1. Village adoption scheme is to equip and familiarize the students with the socio economic dimensions of the ruler communities, status of sustainable use of natural resources, changing perceptions and aspirations, priorities and innovative effort of the ruler communities for sustainable development .
2. To develop organizational and communication skills among the students.
3. Sensitizing students for paying back to society.
4. Developing proximity of the college students with the villagers and strengthening bond between them by organizing a special residential camp.
5. Making the villagers aware of the factors adversely affecting their progress.

Context :

The college has constant endeavoured to produce citizens who are not only academically excellent but are assests to the society also. The college adheres to its vision and mission of being a premier institute insuring high quality education with moral values. The college focus more extension activities to serve local community which benefit both students and common people. In the past few decades, the government has launched and implemented various welfare, upliftment schemes and awareness programs for the rural people. But you due to lack of effective execution and result oriented mechanism the desired goal could not be achieved. The overall progress of the villagers living in remote areas is still restrained by various factors. Illiteracy, health issues related to unhygienic living conditions, adherence to traditional modes of farming, negligence towards various social issues etc are some of the issues restraining training the progress of The villages that compelled us to organize an awareness campaign specially targeting

these issues to bring about a change in Outlook of the villagers. Moreover such activities would surely be helpful in sensitizing the students to pay back to society and to develop some of the vital skills among them.

The practice:

Objective: Small step to make giant leap

Adopted villages: Biggarwal

No .of students Participated:50

Introduction: The aim of this programme was to emphasized and highlights students about the need of environment safety, health issues, traffic rules and female feticide.

Implementation: Seven-day NSS Camp of Shaheed Udham Singh Government College, Sunam was organized from 27-01-2020 to 02-02-2020 under the guidance of Principal Dr. Sukhbir Singh Thind and under the leadership of Dr. Ramandeep Kaur at village Biggarwal. It is worth mentioning that this camp was organized by Unit-2 girls, under which village Biggarwal was adopted.

During this camp, while the village school and Dharamshala were cleaned, the trees were also painted. Seminars were organized on different days on topics related to health, traffic rules, legal aid etc. Giving health-related information, important topics like importance of balanced diet, lack of water and blood in the body were shared with the students. Special discussion was held on the observance of traffic rules and its need for the society.

Under legal aid, girl students were introduced to the rights of an ordinary person, especially women. Dr. Parminder Singh, Principal Government Ranbir College Sangrur and Mr. Jatinder Pal Singh SHO Sunam attended the closing ceremony of the camp as chief guests. He gave good wishes and blessings to the students. Dr. Parminder motivated the students to take care of health along with studies. Shri Jatinder Pal gave a message to the students to stay away from wrongdoing and to do social welfare work by staying within the ambit of the law. Kaka Verma, Traffic Marshal Patiala, who specially reached this camp, asked the students to choose the goal of their life and be honest towards it. He gave information including basic medical aid and detail of CPR techniques. On the last day of the camp, students were awarded for different activities. Simranjit Kaur B A Part III was adjudged the Best Volunteer. In the end, a rally giving the

On this occasion Professor Mukhtiar Singh, Professor Dharminder Singh, Professor Rohini, Mr. Tarsem Singh, Mr. Amit Kapoor, Mr. Raghubir Singh, Mr. Abhishek Sehgal, Mr. Irwinjit Singh, Mr. Beera, Mr. Gurmukh Singh, Mr. Bunty, Sarpanch of the village Mr. Satbir Singh. , Panchayat member Tulsi Singh, Mrs. Surinder Pal Kaur, Mrs. Gurpreet Kaur etc. were also present.

- Sh. Kaka Ram verma: Traffic Marshall Punjab Police
- Sh. Narinderpal Singh: Extension Educator
- Sh. Bharat Hari Sharma: Member eye donation samiti

[illegible]

Evidence of success:

1. The participated students appeared more sensitized and motivated as their participation in other social activities conducted by college enhanced.
2. Invitations received from the villagers to the college to organize more training and guidance sessions for different activities.
3. Change in villagers attitude towards cleanliness was clearly evident.
4. The organizational skill among the students appeared to be enhanced while organizing various programs in the college.

Problems encountered:

1. Participation of the villagers was comparatively less during daytime owing to their engagement in agriculture activities.
2. It seemed rather difficult to enlighten the villagers on the issue of superstitions and blind faith especially women folk.

Best practice -II**Student mentorship program:****Goal:**

1. To provide an opportunity for the student to express and share their feelings with the mentor.
2. Discussion of conflicting issues faced by students and seek solution on regular basis.
3. To provide moral, technical and any other support.
4. To retain new students by helping them to become more familiar with the S.U.S. culture.
5. To encourage students to meet their educational and professional goals and objectives.
6. To provide opportunity to our students to know the work experience of teacher mentors which further assist the student mentees in making educational and professional decisions more wisely.

Context:

The nature of student's background that is catering to different socio culture and economic diversity necessitates mentoring being adopted as one of the best practice by institution. Moreover it is aimed to align with the institutional mission and vision statement aiming to develop students on progressive line that is to imbibe in the students a rational positive Outlook towards life there by making them responsible citizens.

The practice:

The institution activities encourage academic excellence, self esteem and personal growth of students. Following are few points about student mentorship program that is practiced at institution.

1. Students are briefed about this program at the induction program in the starting of session.
2. Mentoring session is conducted once in a month.
3. The session is compulsory for every student to attend.
4. Each mentor is assigned with 40-50 students for the whole session.
5. The mentors are provided with details of mentee's performance in terms of academic and attendance record.
6. The mentor also keeps track of mentee's personal development such as co curricular activities, discipline and career related issues.
7. The grievances of the mentees are taken by the mentor and if necessary it is forwarded to principal for necessary remedial actions.
8. Mentoring system is arranged by IQAC in college. Teachers are directed to help students in any case and counseling of students is taken during tutorial period especially girl students.
9. Every department has instructions that understand the needs of students and provide them maximum support in study and extra activities.

10 . IQAC with other departments like NSS, Red ribbon, Red cross arrange different activities for students.

11. IQAC with different sources make arrangements to ensure that information regarding student support programs reaches the concern students. It can be by notice board, WhatsApp groups or by personal interaction with students.

12. Buddy programs are running successfully in the college in which buddies are aware about drugs and other social issues.

Evidence of success:

1. Improvement in mentees discipline, interaction and communication skill.
2. Improvement in students attendance.
3. Establishment of vibrant relationship between teachers and students which has provided congenial atmosphere in the classroom as well as in the campus.

Problems encountered and sources required:

Diversity in students background and upbringing that is lack in the art of effective articulation, introversion, indifferent attitude etc. inadequacy in general guidance, career and professional related materials. Financial constraints is also a major issue.



Principal
S.U.S. Govt. College Sunam